

A survey for measuring the degree of compulsive hoarding in an individual based on 23 questions. The survey has three subscales to measure clutter, difficulty in discarding and saving, and acquisition.

Source: Frost, R.O., Steketee, G., & Grisham, J. (2004). Measurement of compulsive hoarding: saving inventory-revised. *Behaviour Research and Therapy*, 42, 1163-1182.

Saving Inventory – Revised

For each question below, circle the number that corresponds most closely to your experience **DURING THE PAST WEEK.**

	0	1	2	3	4
	None	A little	A moderate amount	Most/ Much	Almost All/ Complete
1. How much of the living area in your home is cluttered with possessions? (Consider the amount of clutter in your kitchen, living room, dining room, hallways, bedrooms, bathrooms, or other rooms).	0	1	2	3	4
2. How much control do you have over your urges to acquire possessions?	0	1	2	3	4
3. How much of your home does clutter prevent you from using?	0	1	2	3	4
4. How much control do you have over your urges to save possessions?	0	1	2	3	4
5. How much of your home is difficult to walk through because of clutter?	0	1	2	3	4

For each question below, circle the number that corresponds most closely to your experience **DURING THE PAST WEEK.**

	0	1	2	3	4
	Not at all	Mild	Moderate	Considerable/ Severe	Extreme
6. To what extent do you have difficulty throwing things away?	0	1	2	3	4
7. How distressing do you find the task of throwing things away?	0	1	2	3	4
8. To what extent do you have so many things that your room(s) are cluttered?	0	1	2	3	4
9. How distressed or uncomfortable would you feel if you could not acquire something you wanted?	0	1	2	3	4
10. How much does clutter in your home interfere with your social, work or everyday functioning? Think about things that you don't do because of clutter.	0	1	2	3	4
11. How strong is your urge to buy or acquire free things for which you have no immediate use?	0	1	2	3	4

DURING THE PAST WEEK:

	0	1	2	3	4
	Not at all	Mild	Moderate	Considerable/ Severe	Extreme
12. To what extent does clutter in your home cause you distress?	0	1	2	3	4
13. How strong is your urge to save something you know you may never use?	0	1	2	3	4
14. How upset or distressed do you feel about your acquiring habits?	0	1	2	3	4
15. To what extent do you feel unable to control the clutter in your home?	0	1	2	3	4
16. To what extent has your saving or compulsive buying resulted in financial difficulties for you?	0	1	2	3	4

For each question below, circle the number that corresponds most closely to your experience **DURING THE PAST WEEK.**

	0	1	2	3	4
	Never	Rarely	Sometimes/Occasionally	Frequently/ Often	Very Often
17. How often do you avoid trying to discard possessions because it is too stressful or time consuming?	0	1	2	3	4
18. How often do you feel compelled to acquire something you see? e.g., when shopping or offered free things?	0	1	2	3	4
19. How often do you decide to keep things you do not need and have little space for?	0	1	2	3	4
20. How frequently does clutter in your home prevent you from inviting people to visit?	0	1	2	3	4
21. How often do you actually buy (or acquire for free) things for which you have no immediate use or need?	0	1	2	3	4
22. To what extent does the clutter in your home prevent you from using parts of your home for their intended purpose? For example, cooking, using furniture, washing dishes, cleaning, etc.	0	1	2	3	4
23. How often are you unable to discard a possession you would like to get rid of?	0	1	2	3	4

SI-R (Modified) Scoring Subscales:

Clutter Subscale (9 Items):

Sum items: 1, 3, 5, 8, 10, 12, 15, 20, 22

Difficulty Discarding/ Saving Subscale (7 items):

Sum items: 4 (reverse score), 6, 7, 13, 17, 19, 23

Acquisition Subscale (7 items):

Sum items: 2 (reverse score), 9, 11, 14, 16, 18, 21

Total Score = sum of all items

	<u>Average Score</u>	<u>High Score</u>
Total Score	24	40
Clutter Subscale	9	15
Difficulty Discarding/Saving Subscale	8	16
Acquisition Subscale	6	10