



Central Massachusetts
Agency on Aging

Annual Report
2007

A Time

FOR

Independence

A Time for Independence

We are pleased to present to you the 2007 Annual Report for Central Massachusetts Agency on Aging (CMAA). In this fiscal year, CMAA awarded 30 grants to 15 agencies and organizations throughout the region totaling over 2 million dollars. Additional funds are contracted for the Central Massachusetts Family Caregiver Program, and still more funds are used to support the work of our SeniorConnection Information and Referral and on-line programs.

This means that nearly 2.4 million dollars goes into services and programs designed to help elders and caregivers find dignity and peace of mind as our population grows older. For elders in residential care, that dignity and respect are essential to finding comfort even though they cannot live at home.

Yet seniors that can and do live at home need to have that safety and security which is a hallmark of what independence is about. The Older Americans Act has, since its signing in 1965, sought to promote independence among elders, providing opportunities for civic engagement, community service, education and wellness, as well as offering protection through legal services.

For 34 years, Central Massachusetts Agency on Aging has promoted elders' independence through our grant programs and collaborative efforts. Our SeniorConnection information service has, in person and on-line, offered not only referrals, but opportunities for seniors and caregivers to learn about the aging network, invest their time and money well, remain healthy in mind and body, better understand and even protect their rights, benefits and privileges, and find that in the end, no one needs to be alone to face this changing world.

We have not done this alone, and we are thankful to all who have supported our work with either in-kind or financial donations, with service on our Board, Advisory Council and committees, who have given of their talent on our website, and who have collaborated in our work on a daily basis.

We cannot forget to thank our staff, often overworked and certainly underpaid, for the dedication and concern they show each day. Tens of thousands of consumers benefit each year from the good work they accomplish.

And we thank you, family, friends and co-workers, for your support and understanding. Without you by our side, Central Massachusetts Agency on Aging might not move forward, and our seniors and caregivers would not taste the independence they so richly deserve. Independence is about freedom and choice, safety and security, and all of us seek to share in its legacy.

Sincerely,



Executive Director,
Central Massachusetts Agency on Aging

**CENTRAL MASSACHUSETTS AGENCY ON AGING
TITLE III PROGRAMS FOR FY 2007**

Central Massachusetts Housing Alliance

Elder Home Repair

Centro Las Americas

Hispanic Elders Program

Elder Services of Worcester Area, Inc.

*Crisis Intervention
Money Management
Nutrition Project**

Great Brook Valley Health Center

Medical Transportation

Jewish Family Service

*Guardianship Program
Elder Independent Living Initiative*

**Legal Assistance Corporation of
Central Massachusetts**

Senior Citizen Law & Advocacy Project

Leominster Spanish American Center

Ancianos Latinos Unidos

MAB Community Services

*Medical Transportation
Vision Rehabilitation for Low Vision Elders*

Montachusett Home Care Corporation

*Crisis Intervention
Ombudsman Program (N)
Ombudsman Program (C)
Volunteer Money Management*

Montachusett Opportunity Council

*Nutrition Project
Elder Home Repair
Nutrition Education For
Cardiovascular Diseases of Diabetes*

New England Homes for the Deaf

Drop In Center

Tri-Valley Elder Services

*Crisis Intervention
Volunteer Money Management
Nutrition Project
Ombudsman Program*

VNA Care Network

Medication Management

VNA of Greater Milford/Northbridge

Alzheimer's Project

Worcester Executive Office of Elder Affairs

Osteoporosis Prevention Project

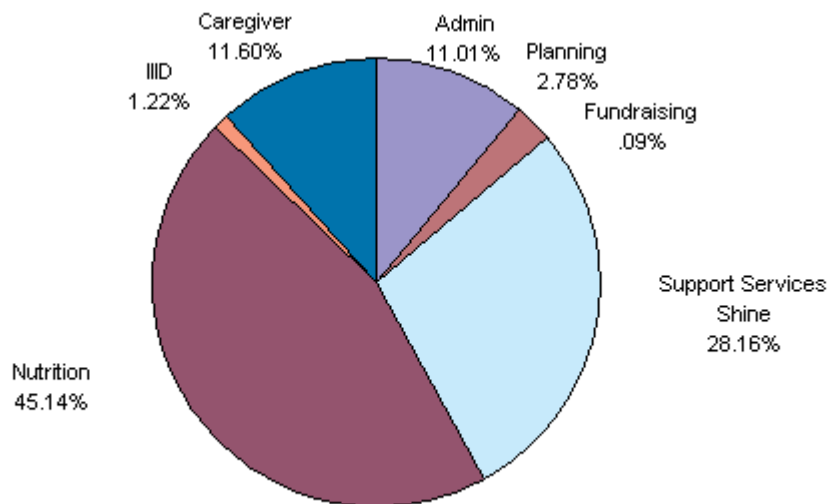
Fiscal Year 2007 Financial Report

Support and Revenue

Federal/State	2,898,826
Miscellaneous Income	17,798
Donations	9,677
In-Kind Donations	28,208
	\$2,954,509

Expenditures

Administration	323,699
Planning	81,664
Fundraising	2,501
Support Services	826,992
Nutrition	1,327,478
Medication Management (IIID)	8,718
Health Promotion (IIID)	27,302
SHINE	1,016
Caregiver Support	341,183
	\$2,940,553



Donors FY 2007

Business/Organizations

AARP Bancroft Chapter 2599
BayState Savings Bank
Clinton Savings Bank
Deborah Finns Associates PC
Executive Park Suites II, Inc
Fallon Community Health Plan
Friends of the Mendon Elders
George F & Sybil H Fuller Foundation

Goulet Salvidio & Associates
Harleysville Worcester Insurance Co
Lincoln Hill Manor Rest Home
Mental Health Programs Inc
Notre Dame Health Care Center
The Manor Restaurant
UMass Memorial Health Care/Clinton Hospital
United Way/COMECC

Individual Donors

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Margaret George
Genevieve Graboski
Robert Hallock
Mary Hardell
Sona Hargrove
Jennie Hinrichs
Mary G Houle
Walter Irvine
Elton Jones
Irene Kamila
Robert Lancey
Rocco Marino

Millie Marion
Marie L Newcomb
Ann Nordfors
Maureen O'Brien-Modesty
Gene & Eve O'Rourke
Frank Reale
Mary & Peter Rice
Una Rice
Dianne Sandman
Angelo Scola
George Sonntag
Judge & Mrs. Stanford Strogoff
Dorothy Wright
Paul Young

In-Kind Contributions

Ashdown Technologies, Inc
Bowditch & Dewey LLP
College of the Holy Cross (Lilly Foundation)
Kashuk, Bourgault, Kittridge & Frustaci

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**Deceased

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STAFF & VOLUNTEERS

STAFF*

Robert Dwyer, Ph.D.	<i>Executive Director</i>
John Belding	<i>Director of Planning</i>
Jennifer Fini	<i>Coordinator of Information & Referral</i>
Peggy Lands	<i>Administrative Assistant</i>
Valerie Muldoon	<i>Information & Referral Representative</i>
Eileen O'Brien	<i>Director of Information & Referral</i>
Cathy Pickering	<i>Administrative Coordinator</i>
Melissa Shea	<i>Assistant Planner</i>
Jane Whearley	<i>Director of Administration & Finance</i>

*Staff as of 9/30/07

VOLUNTEERS & INTERNS

Carolyn Bellil	S.H.I.N.E. Counselor
Rose Feitelberg	S.H.I.N.E. Counselor
Rhoda Spaulding	S.H.I.N.E. Counselor
Helene Tanenholtz	S.H.I.N.E. Counselor
Sue McCune	Volunteer
Jay McCune	Volunteer
Sangeetha Sridhar	Front Office Volunteer
Nicole Mikleson	Intern



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Central Massachusetts Agency on Aging is an Equal Opportunity/Affirmative Action Employer.

Ongoing Support for CMAA is provided in part or whole by the Massachusetts Executive Office of Elder Affairs